

Community Resources for Adams, Arapahoe and Douglas Counties

These resources are intended to support you during quarantine, isolation and recovery. It is always best to call a resource before you visit to verify eligibility for their programs. You can also email COVIDresources@tchd.org for individual support if you have COVID-19.

COVID-19 County Resources

- Adams County: <https://adamscountycovid19.org>, 720-523-2800
- Arapahoe County: www.arapahoegov.com/2096/Coronavirus-COVID-19-Resource-Center, 303-636-1170
- Douglas County: Vaccine Info: www.douglas.co.us/covid-vaccination-information, 303-660-7400
- Testing Info: www.douglas.co.us/covid19-testing, 303-660-7400

COVID-19 Testing Sites

- Tri-County Area: www.tchd.org/COVID19Testing

Mental Health Resources

- Adams County, Community Reach Center: www.communityreachcenter.org, 303-853-3500
- Arapahoe and Douglas Counties: All Health Network, www.allhealthnetwork.org, 303-730-8858
- City of Aurora, Aurora Mental Health Center: www.aumhc.org, 303-617-2300
- Colorado Crisis Line: 844-493-8255 or Text "TALK" to 38255, <https://coloradocrisisservices.org/>
- Postpartum Support International: www.postpartum.net/colorado, 800.944.4773
- Colorado Spirit Counseling Program: covid19.colorado.gov/crisis-counseling-program

Medical Care for Individuals With or Without Insurance

- Salud Family Health Centers: www.saludclinic.org, 303-679-2583
- Clinica Family Health Clinics: www.clinica.org, 303-650-4460
- Stride Community Health Centers: stridechc.org, 303-360-6276
- Doctor's Care: doctorscare.org, 303-730-1313
- Peak Vista Community Health Centers: www.peakvista.org, 719-632-5700

Health Insurance Coverage

- Connect for Health Colorado: Purchase health insurance, get financial help to reduce costs: prd.connectforhealthco.com/nes/anonymous/letUsGuideYouHousehold
- Health First Colorado: Colorado's Medicaid program: www.healthfirstcolorado.com/apply-now/?tab=do-i-qualify Other ways to apply for Health First:
 - Colorado PEAK: www.colorado.gov/PEAK, 800-221-3943
 - County Human Services Departments:
 - Adams: 720-523-2800; Arapahoe: 303-636-1170; Douglas: 303-688-4825

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): A federal nutrition program that helps stretch your food budget and buy healthy food. Log in and apply for benefits at Colorado Peak:

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- <https://peak-coloradopeak.force.com> or email SNAP@tchd.org, or call 720-292-8275
- Women Infants & Children (WIC): Provides free nutritious foods and nutrition education to improve the health of participating families including pregnant, breastfeeding and postpartum women, infants and children up to the age of 5 years: www.tchd.org/WIC
- Hunger Free Colorado: Help with applications for food assistance programs, and information about local food pantries, markets, etc.: hungerfreecolorado.org

Housing Resources

- Emergency Rental and Housing Assistance: If property owners or tenants have been unable to pay rent due to financial hardship caused by COVID-19, you may be eligible for rental assistance from the state: cdola.colorado.gov/rental-mortgage-assistance

Legal Assistance for Eviction

- Colorado Legal Services: Legal help for low-income Coloradans seeking assistance with civil legal needs: www.coloradolegalservices.org
- Colorado Poverty Law Project: Connects low-income individuals with free legal services to fight evictions and housing injustice: www.copovertylawproject.org
- 9to5: Legal Support for Housing: <https://9to5.org/cohousinglegalsupport/>

Pregnancy and Parenting Resources

- New Parent Information: Resources that can help make being a new parent or expecting a child a little easier: www.211colorado.org/pregnant-new-parents or
- Tri-County Health Department Nurse Family Partnership: <https://www.tchd.org/352/Nurse-Family-Partnership>, 303-255-6246

Domestic Violence and Child Abuse Safety Hotlines

- National Domestic Violence Hotline: 800-799-7233
- Colorado Child Abuse and Neglect Hotline: 844-CO-4-KIDS (800-264-5437)

Immigrant Rights

- Immigrant Defense Project: Know Your Rights with printable cards, posters and flyers: www.immigrantdefenseproject.org/kyr-card
- ACLU: Regardless of your immigration status, you have guaranteed rights: www.aclu.org/know-your-rights/immigrants-rights

Healthy Families Workplace Act (HFWA): Employee Rights to Paid Leave

- Your Rights to Paid Leave During COVID-19: There are many new rules to help keep employees safe at work during COVID-19: www.tchd.org/COVIDEmployeeRights

Additional resources to support you and your household at Mile High United Way 2-1-1, a confidential and multilingual service connecting people to vital resources, at unitedwaydenver.org/2-1-1, by calling 2-1-1, or texting your zip code to 898-211.

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Recursos comunitarios para las condados de Adams, Arapahoe y Douglas

Estos recursos están diseñados para ayudarle durante la cuarentena, el aislamiento y/o la recuperación. Como recordatorio, siempre es mejor llamar a un recurso antes de visitar para verificar si es elegible. ¿Es usted COVID-19 positivo y busca recursos comunitarios? Comuníquese COVIDresources@tchd.org para apoyo individual.

Recursos del condado para COVID-19

- Condado de Adams: adamscountycovid19.org, 720-523-2800
- Condado de Arapahoe: www.arapahoegov.com/2096/Coronavirus-COVID-19-Resource-Center, 303-636-1170
- Vacunas del condado de Douglas: www.douglas.co.us/covid-vaccination-information 303-660-7400; Pruebas: www.douglas.co.us/covid19-testing

Sitios de Prueba para COVID-19

- www.tchd.org/884/Sitios-de-prueba-en-los-condados

Recursos de Salud Mental

- Condado de Adams: Community Reach Center, www.communityreachcenter.org, 303-853-3500
- Condado de Arapahoe y Douglas: All Health Network, www.allhealthnetwork.org, 303-730-8858
- Ciudad de Aurora: Aurora Mental Health Center, www.aumhc.org, 303-617-2300
- Colorado Crisis Line: 1-844-493-8255 o Mande Texto "TALK" al 38255
serviciosdecrisisencolorado.com
- Apoyo internacional para el postparto: www.postpartum.net/en-espanol, 800-944-4773

Atención médica para personas con o sin seguro

- Salud Family Health Centers, 303-679-2583, es.saludclinic.org
- Clínica Family Health Clinics, 303-650-4460, www.clinica.org
- Stride Community Health Centers, 303-360-6276, stridechc.org
- Doctor's Care, 303-730-1313, doctorscare.org
- Peak Vista Community Health Centers, 719-632-5700, www.peakvista.org
- Colorado Spirit Counseling Program, covid19.colorado.gov/crisis-counseling-program

Cobertura de seguro médico

- Connect for Health Colorado: Individuos, familias y pequeños empleadores en todo Colorado pueden usar Connect for Health para comprar seguro médico y obtener ayuda financiera para reducir los costos: prd.connectforhealthco.com/nes/anonymous/letUsGuideYouHousehold, connectforhealthco.com/es/
- Health First Colorado: El programa Medicaid de Colorado se llama Health First Colorado. Está disponible para todo individuos o familias basado en sus ingresos, www.healthfirstcolorado.com/apply-now/?tab=do-i-qualify. Hay muchas maneras de aplicar: www.healthfirstcolorado.com/es/
- Colorado PEAK: coloradopeak.secure.force.com/AGHME o llame 1-800-221-3943
 - County Human Services Departments: Condado de Adams: 720-523-2800; Condado de Arapahoe: 303-636-1170; Condado de Douglas: 303-688-4825

Asistencia alimentaria

- Programa de asistencia nutricional suplementaria (SNAP), es un programa federal de nutrición que le ayuda a estirar su presupuesto de alimentos y comprar alimentos saludables <https://peak-coloradopeak.force.com>, 720-717-8481, o correo electrónico SNAP@tchd.org
- Mujeres Bebés y niños (WIC) proporciona alimentos nutritivos y educación nutricional gratuitos para mejorar la salud de las familias participantes que incluyen mujeres embarazadas, lactantes y posparto, bebés y niños hasta los 5 años de edad. Visita www.tchd.org/WIC
- Hunger Free Colorado: Ayuda con las solicitudes de programas de asistencia alimentaria y responde preguntas sobre despensas de alimentos locales, mercados, etc. www.cofoodfinder.org

Recursos de vivienda

- Asistencia de emergencia para alquiler y vivienda: cdola.colorado.gov/rental-mortgage-assistance

Asistencia legal para el desalojo

- Servicios Legales de Colorado: www.coloradolegalservices.org
- 9to5 Apoyo legal para asuntos de vivienda: 9to5.org/cohousinglegalsupport
- Proyecto de ley de pobreza de Colorado: www.copovertylawproject.org

Recursos para el embarazo y la crianza de los hijos

- www.211colorado.org/pregnant-new-parents

Líneas directas de seguridad

- La Línea Nacional Contra la Violencia Domestica: 1-800-799-7233, espanol.thehotline.org
- Línea de ayuda para reportar el abuso y la negligencia infantil en Colorado: 1-844-CO-4-KIDS, co4kids.org/es/homepage

Derechos de los inmigrantes

- Conozca Sus Derechos, www.immigrantdefenseproject.org/ice-arrests-spanish
- Derechos de los Inmigrantes, www.aclu.org/know-your-rights/derechos-de-los-inmigrantes

Acta de Familias y Lugares de Trabajo Saludables: Derechos de Ausencias Laborales

- Póster de Derechos de Salud Pública en el Lugar de Trabajo de Colorado para 2021: drive.google.com/file/d/1TrfNa6WvYnQw_0OqEyXgUvI_Fcc57KHm/view?usp=sharing
- Hoja Informativa y Opinión Formal (INFO por sus siglas en inglés) #6C: bit.ly/hojainformativa6c

¿Está buscando más recursos para apoyarlo a usted o a su hogar?

Visite Mile High United Way 2-1-1, un servicio confidencial y multilingüe que conecta a las personas con recursos vitales. Puede conectarse con 2-1-1 en línea (unitedwaydenver.org/2-1-1/), marcando 2-1-1 en su teléfono, o envíe un mensaje de texto con su código postal al 898-211.