

Partner with us to prevent alcohol exposed pregnancies.

Ask women about their alcohol and contraceptive use.

Refer women who use alcohol for screening of risk and services.



Party WISE

For referral or questions contact:

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FAS-PACE is a cooperative project with:

- Tri-County Health Department
- Larimer County Health Department
- Denver Health Medical Center
- Jefferson County Department of Health and Environment
- University of Colorado Health Science Center
- Colorado Department of Public Health and Environment
- The Centers for Disease Control and Prevention (CDC)



Tri-County Health Department
4201 E. 72nd Avenue
Commerce City, CO 80022-1288

TCHD: N-447 (6/07)



**Fetal Alcohol Syndrome -
Prevention Activities,
Choices and Empowerment**

*Empowering women
to make healthy choices
about SEX and
ALCOHOL*

FAS-PACE provides specialized interventions to females who are at risk for an alcohol-exposed pregnancy.



Important Information for Providers

- 21% of women binge drink in Adams County
- About 50% of pregnancies are unintended
- Most women don't realize they are pregnant until 6-8 weeks
- Women continue to drink until they know they are pregnant
- 10% of women drink during pregnancy in Colorado

FAS-PACE is a free progressive stepped care service based on client need. Services provided are:

Party Wise

Brief intervention (2 face-to-face sessions) to assist in self-assessment, provide feedback and set goals around drinking and/or contraception use with two follow-up phone calls.

Personal Skills

Ongoing face-to-face sessions to assess and develop skills needed to achieve goals for up to 6 months.

Personal Support

Long-term case management intervention lasting up to 3 years intended especially for pregnant clients, clients with a significant alcohol abuse history, or clients who have previously given birth to an alcohol-exposed child.

Referral criteria:

- Women of child bearing age, ages 12-44
- Drinks (uses alcohol)
- Resident of Adams County

Target population:

- Females of childbearing age (fertile or pregnant)
- Ineffective contraception use
- Use alcohol at risk levels

Risk-level alcohol use is more than 7 drinks in one week or more than 3 on one occasion.

If pregnant, any alcohol use is considered risk drinking.

