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Tri-County Health Department Launching First Baby Café in Thornton

New parents and parents-to-be are invited to celebrate July 31

Tri-County Health Department (TCHD) is opening Colorado's newest Baby Café at Every Child Pediatrics in Thornton July 31. New parents and parents-to-be are invited to celebrate the grand opening with free refreshments and breastfeeding information.

Baby Café USA, established in 2011, is a national network of free breastfeeding drop-ins, combining breastfeeding information with a relaxed, informal environment where parents can meet and learn from skilled practitioners and each other. Baby Café USA has more than 45 drop-ins in 14 states and supports more than 2,000 moms each year.

The new Baby Café will launch with a party 1 – 2:30 p.m., July 31 at Every Child Pediatrics, 9197 Grant Street, Thornton in the first floor Community Room. The launch also kicks-off World Breastfeeding Week, August 1 – 7, an annual occurrence to promote the positive impacts of breastfeeding for families and communities.

"It is common for new parents to have questions about breastfeeding," said Jennifer Schneider, RD and TCHD Dietitian. Baby Cafes are places where families can socialize, get support from one another, and get free guidance from breastfeeding specialists."

The Thornton Baby Café will be open every Tuesday, 1 – 2:15 p.m. Parents and expecting parents are invited to attend drop-ins as often as they would like.

In addition to housing the Baby Café, Every Child Pediatrics provides high-quality, affordable healthcare to all children, regardless of their insurance or ability to pay, including behavioral health counseling, dental care, nutrition, healthy lifestyle programs and connections to support services such as housing and transportation. Learn more at www.everychildpediatrics.org.

TCHD WIC offers additional breastfeeding support and resources for qualifying families including free classes, breast pump loans and breastfeeding peer counseling. TCHD also offers support for employers, including Breastfeeding Friendly Workplace Certification. For more information, visit www.tchd.org/breastfeeding or contact Heidi Williams at 720-200-1573.

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Tri-County Health Department serves over 1.5 million people in Adams, Arapahoe and Douglas Counties. It provides over 60 programs and services including birth certificates, immunizations, food/WIC, restaurant inspections, family planning, STI/HIV Testing and infectious disease investigations. For more information, please visit www.tchd.org or follow us on Twitter @TCHDHealth or Facebook @cotchd

Baby Café USA promotes the physical and psychological health of mothers and children through breastfeeding training and education. For more information, please visit www.babycafeusa.org.