

# Stay healthy so you can keep the kids healthy



## Follow these tips to be safe in school:



Stay at least 6 feet (about 2 arms' length) from other people.



Clean and disinfect frequently touched objects and surfaces.



Wear a cloth face covering over your nose and mouth.



Cough or sneeze into your elbow.



Avoid touching your eyes, nose and mouth.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.