

COLORADO WIC FOOD LIST & SHOPPING GUIDE UPDATES & REVISIONS: MARCH 2021

You now have more food items that are available from WIC!

ITEMS ADDED

WHOLE GRAINS

Bread & Tortillas



CHI-CHI'S

Corn Tortillas

BREAKFAST CEREAL



THAT'S SMART

Crisp Rice Cereal

YOGURT

BRAND

Lucerne
DAIRY FARMS

- Vanilla Whole
- Strawberry Whole
- Plain Lowfat



- Greek Plain Whole
- Greek Vanilla Whole

Tillamook

- Strawberry Lowfat

ORGANIC OPTIONS NOW AVAILABLE:

WHOLE



- Plain

100% GRASSFED
MAPLE HILL
= organic =

- Plain
- Vanilla

Nancy's

- Plain
- Vanilla



- Plain
- Vanilla
- Greek Plain

Stonyfield ORGANIC

- Plain
- Vanilla
- Strawberry

NONFAT AND LOWFAT

Nancy's

- Plain Lowfat
- Plain Nonfat
- Vanilla Nonfat

TWO GOOD

- Plain Nonfat

Stonyfield ORGANIC

- Plain Lowfat
- Vanilla Lowfat
- Plain Nonfat
- Vanilla Nonfat
- Greek Plain Nonfat



- Greek Plain Nonfat
- Greek Vanilla Nonfat

CHEESE

BRAND



EGGS

Dozen

NOW AVAILABLE

- All brands.
- Brown.
- Organic, free-range or cage-free.
- Small, medium, large, extra large, and jumbo.
- Specialty eggs (including pasteurized or fortified/enriched with vitamin E, DHA or omega 3).

100% JUICE

64-oz Bottles



SHURFINE

Grape
Apple



FREEDOM'S CHOICE

Apple



THAT'S SMART

Grape

BABY FOOD

INFANT CEREAL: ORGANIC OPTIONS NOW AVAILABLE



BEECH-NUT ORGANIC

Oatmeal Infant Cereal



EARTH'S BEST ORGANIC

Oatmeal Infant Cereal
Rice Infant Cereal
Mixed Grain Infant Cereal



GERBER'S ORGANIC

Oatmeal Millet Quinoa Infant Cereal
Rice Infant Cereal
Oatmeal Infant Cereal

UPDATES

- Fresh and frozen fruits and vegetables are available.
- Signature Kitchens brand is now Signature Select brand.
- Good & Gather and Market Pantry are both approved store brands sold at Target.
- Beech-Nut Classics is now Beech-Nut Nothing Artificial Added.
- New Logos for Chobani and Open Nature yogurt.



Chobani



GOOD & GATHER

DISCONTINUED/NO LONGER AVAILABLE

- Sunbelt Bakery Simple Granola.
- Dannon Peach Lowfat Yogurt.
- Dannon Raspberry Lowfat Yogurt.
- Coburn Farms Greek Plain Lowfat Yogurt.
- Welch's Apple & Grape Juice 12-oz Frozen Cans.